FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

| STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP |
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| OMB APPR | OVAL | | | | | | | |
|--------------------------|-----------|--|--|--|--|--|--|--|
| OMB Number: | 3235-0287 | | | | | | | |
| Estimated average burden | | | | | | | | |
| hours per response: | 0.5 | | | | | | | |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| | | | | | | | | . , | | | | | | | | | | | | | | |
|--|---|--|---|---------|---|---|--|---|-------------------------|--|-----------------------------|------------------|--|-------------|---|--|---|-------------------------------------|--|--|--|--|
| Name and Address of Reporting Person* Cohen Chad M | | | | | | 2. Issuer Name and Ticker or Trading Symbol Adaptive Biotechnologies Corp [ADPT] | | | | | | | | | | eck all applic Directo | , | | son(s) to Iss 10% Ov Other (s | ner | | |
| | C/O ADAPTIVE BIOTECHNOLOGIES CORP. | | | | | | | iest Trans | n (Mont | th/D | ay/Year) | 7 | below) | | | below) | эрсону | | | | | |
| SUITE 200 | | | | | | | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | | | 6. Individual or Joint/Group Filing (Check Applicable Line) | | | | | |
| (Street) SEATTL | E W | Ά | 98102 | | | | | | | | | | | | Form f | filed by One Reporting Persor filed by More than One Repor | | - 1 | | | | |
| (City) | (S | tate) | (Zip) | | | Person | | | | | | | | | | | | | | | | |
| Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned | | | | | | | | | | | | | | | | | | | | | | |
| 1. Title of Security (Instr. 3) 2. Transa Date (Month/D. | | | | | | Execution Date | | _ c | ansacti ode (Ins | | 4. Securi Disposed 5) | | | | 5. Amou Securitie Benefici Owned F Reporter | es ally Following | Form (D) o | n: Direct r Indirect sstr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | | | |
| | | | | | | | | | C | ode V | , | Amount | (4 | A) or D) | Price | Transact (Instr. 3 | tion(s) | | | | | |
| Common Stock 04/20/ | | | | | | /2020 | | M | 1 ⁽¹⁾ | | 10,00 | 0 A \$4. | | \$4.07 | 11,000 | | | D | | | | |
| Common Stock 04 | | | | | 0/2020 | | | | 5 | S ⁽¹⁾ | | 10,00 | 00 D | | \$30 | 1,000 | | D | | | | |
| Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | | | | | | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution I if any (Month/Day | Date, T | I. Fransaction Code (Instr. 3) | | of Deri Sec Acq (A) o Disp of (E | umber vative urities uired or oosed O) (Instr. and 5) | Expir | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | | 7. Title and Amoun of Securities Underlying Derivative Security (Instr. 3 and 4) | | | 8. Price of Derivative Security (Instr. 5) | 9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4) | s S Ily | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | Beneficial Ownership ct (Instr. 4) | | |
| | | | | | Code | v | (A) | (D) | Date Exerc | cisable | | xpiration ate | Title | C | Amount or Number of Shares | | | | | | | |
| Stock Option (Right to Buy) | \$4.07 | 04/20/2020 | | 1 | M ⁽¹⁾ | | | 10,000 | | (2) | 03 | 3/31/2025 | Comn | | 10,000 | \$0.00 | 20,000 | 0 | D | | | |

Explanation of Responses:

- 1. The transactions reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on November 18, 2019.
- 2. The option is fully vested and exercisable.

Remarks:

/s/ Chad Cohen by Eric Billings, Attorney-in-Fact

04/22/2020

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.