FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* RUBINSTEIN JULIE					2. Issuer Name and Ticker or Trading Symbol Adaptive Biotechnologies Corp [ADPT]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) C/O ADAPTIVE BIOTECHNOLOGIES CORP. SUITE 200						3. Date of Earliest Transaction (Month/Day/Year) 02/20/2020								X Officer (give title below) Other (specific below) President				
(Street) SEATTL	E W		98102		4.1	f Ame	endme	nt, Date o	of Original Filed (Month/Day/Year)					S. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(S		(Zip)	n-Deri	vativ	e Se	curit	ties Ac	nuired	Die	snosed o	of or Re	neficial	ly Owned	 I			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da			action	tion 2A. Deemed Execution Date,		3. 4. Securiti Transaction Code (Instr.		ies Acquired (A) or Of (D) (Instr. 3, 4 and 5)		5. Amou Securiti Benefici	5. Amount of Securities Beneficially Owned Following		Direct of Indirect I	7. Nature of Indirect Beneficial Ownership				
						(,		Code	v	Amount	(A) or (D)	Price	Reporte Transac (Instr. 3	tion(s)			(Instr. 4)	
Common Stock		02/20	20/2020				M ⁽¹⁾		80,000	Α	\$0.84	80	80,000		D			
Common Stock		02/20	02/20/2020				S ⁽¹⁾		67,800	D	\$33.49	(2) 12	12,200		D			
Common Stock			02/20	2/20/2020				S ⁽¹⁾		12,200	D	\$34.01	(3)	0		D		
Common Stock 0			02/21	1/2020				M ⁽¹⁾		5,000	A	\$0.84	5,	5,000		D		
Common Stock 02			02/21	1/2020	/2020					5,000	D	\$33.5	5	0		D		
		-	Γable II ·								osed of,			Owned				
1. Title of Derivative Security (Instr. 3)	Conversion Date Execution Exercise (Month/Day/Year) if any		3A. Deem Execution if any (Month/Da	n Date, Tran Cod		ransaction code (Instr.		n of		Exerci on Da Day/Y		7. Title and Amoun of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	ly Direct or Inc (I) (In	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisa	ıble	Expiration Date	Title	Amount or Number of Shares					
Stock Option (Right to Buy)	\$0.84	02/20/2020			M ⁽¹⁾			80,000	(4)		03/13/2024	Common Stock	80,000	\$0.00	225,000	0	D	
Stock Option (Right to Buy)	\$0.84	02/21/2020			M ⁽¹⁾			5,000	(4)		03/13/2024	Common Stock	5,000	\$0.00	220,000	0	D	

Explanation of Responses:

- 1. The transactions reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on November 15, 2019.
- 2. The price reported for this transaction is a weighted-average price. The shares were sold in multiple transactions ranging from \$33.00 to 33.99, inclusive. The reporting person undertakes to provide to Adaptive Biotechnologies Corporation, any security holder of Adaptive Biotechnologies Corporation, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in any footnotes to this Form 4.
- 3. The price reported for this transaction is a weighted-average price. The shares were sold in multiple transactions ranging from \$34.00 to 34.06, inclusive.
- 4. The option is fully vested and exercisable.

Remarks:

/s/ Julie Rubinstein by Eric Billings, attorney-in-fact ** Signature of Reporting Person

02/24/2020

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.